



**“Live your Life Into Existence”**

-Andrea Elizabeth

## REIKI MONTHLY NEWSLETTER



### SEPTEMBER IS HERE!

As we are ending summer, we are beginning the wonderful season of Fall and the Autumn Equinox.

A time for retreat when the darkens begins to take over the light and we begin for the renewal stage of our year. A time when we are indoors more, sitting by the fire, revering in our own life in such a way as looking back through our ascension period from the spring to the summer until now. It's a time of restful ways and reverberation of our soul once again, as it almost is a shutting down period of solace.

Traditionally autumn equinox is celebration of the harvest as it is when summer has finished

giving us our fruits which are collected and prepared for winter; other ancient indicators were known to the ancients as the part the darkness plays in the work of our spiritual transformation.

### **Mt. Shasta Trip September 14<sup>th</sup> – 16<sup>th</sup>**

Come join us for some Mt. Shasta Fun. This year we will be going to the Mineral Baths, the Pyramid, the Sweat Lodge, The Christ Consciousness Device.

These will each aid in furthering our spiritual transformation as we begin to slow down for the winter solstice a great time for sort of enjoying our harvest of fruits and preparing for a shorter span of light each day.

### **Please Welcome our 4 New Reiki Masters:**

Eli Carter, Kim Lounsberry, Jena Woodfork and Christine Vandevoorde. Such an honor working with this group. Literally, the Universe is singing with pure joy and laughter over this group. Each carries their own harmonic symphonic tune allowing for their own song to merge with the universal flow of mastery. So honored!

**REIKI MASTER TEACHER TRAINING:  
Please Welcome our 3 new Teachers in  
Training:**

Ann Martin, Linda Gauthier and Les Moncada. Three wonderful Reiki Masters who are ready to take the next step to Master Teacher Level. I am honored and so absolutely grateful for the opportunity to teach such amazing healers.

**PRACTITIONER'S RETREAT**

I want to take this opportunity to thank each of you who came to the Practitioner Retreat. It was a healing spectacularity for sure. Lots of fun and love shared.

**NEW LIGHTS**

I am meeting so many new people who are either coming for training or for sessions. Each person has such a phenomenal light inside and this past month I have had at least 4 persons come to me who literally resonated the presence of God. As I tear up, thinking, why am I getting such angelic people, I remember each of you who are the literal living breathe of the light of god and thought, why not, I am surrounded by angels all the time. Blessing to all of you. I hope to see you all soon.

**As always, if you find you are struggling,  
give me a quick text or call and we can talk  
or I can clear your space with you.**

**SEPTEMBER HAPPENINGS**

September 4 – Reiki Circle  
September 8 – Reiki I Practitioner Class  
September 9 - Reiki II Practitioner Class  
September 14 – Mt. Shasta Trip  
September 15 – Karuna Reiki I  
September 25 – Teacher Training Meeting